# Hiram House Camp COVID-19 Staff Policies and Procedures

Pre-camp training begins on June 7th. We ask that you take some additional precautions at home or school to help mitigate the spread of COVID-19 at camp this summer.

### **Prep At Home**

- Begin a PREP AT HOME PLAN roughly two weeks prior to camp. COVID-19 has an incubation period of 4-14 days, so limiting in-person interactions to only those who you live with significantly lowers the risk of exposure.
- As you pack, if you are looking to order equipment (sunscreen, bug spray, flashlights, etc.), consider
  ordering online on Amazon, Walmart, Target to avoid make trips to an actual store. Don't forget to use
  Amazon Smile and choose Hiram House Camp as your organization choice.
- If you must go out, always wear a mask and practice social distancing.
- Avoid going into crowded places if possible, as the virus spreads best in enclosed spaces (bars, restaurants, etc)
- Utilize curbside and drive thru services.
- We ask that members of your household also practice responsible behaviors (social distancing, wearing masks, etc.)

# **Testing**

- If you think you have been exposed to COVID-19 prior to Pre-Camp we will require a NEGATIVE COVID-19 test 72 hours prior to the start of camp.
- Check your insurance, as many insurance companies cover the cost.
- If you need help locating a free COVID-19 testing resource, please let us know.

# **COVID-19 Vaccine**

- It is the policy of the Hiram House Camp that all staff are strongly encouraged to receive a COVID-19 vaccination based on availability as determined by the Cuyahoga County Board of Health, CDC, and the State of Ohio to mitigate the on-going spread of coronavirus. While getting the vaccine will not 100% protect you from getting COVID-19, CDC reports the vaccination works by teaching your immune system how to recognize and fight the virus that causes COVID-19, and may protect you from getting sick with COVID-19.
- If you choose to become vaccinated, we will require a copy of your vaccination card along with your medical form.
- Vaccination Locations are in abundance now. Best places are CVS, Walgreens, Rite Aid, Giant Eagle,
   Walmart.

#### Mask Up

- Staff who are FULLY VACCINATED do not need to wear masks at camp, except where indicated below.
- INDOORS: Masks will be worn indoors except for eating, sleeping or showering. We recognize that fully vaccinated individuals do not need to wear masks indoors, however, Hiram House will be supportive of all campers or staff who are unvaccinated. Particularly in areas of substantial to high transmission.
- OUTDOORS: In general, people do not need to wear masks when outdoors. However, in areas of
  substantial to high transmission, campers and staff who are unvaccinated will wear masks in crowded
  outdoor settings or during activities that involve substantial close contact with others who are
  unvaccinated. (ie. sitting around a picnic table playing a game)

## Sanitizing & Staying Healthy

- Besides masking, we will take additional precautions to sanitize frequently throughout the summer to stay healthy.
- Washing hands. Every camper and staff will wash their hands before and after every meal.
- Hand Sanitizer. Before and after activities.
- Sanitizing equipment and surfaces such as life jackets, canoe paddles, craft supplies etc. after each use.
- Temperature and symptom checks every morning.
- Not sharing food, water bottles, cups, utensils, and other personal items that may transfer bodily fluids.

## **Cohorts (Small Groups)**

- Even with all of our additional precautions, it is possible that COVID-19 could still enter camp.

  Therefore, in order to limit any potential outbreak from affecting the entire camp, camp activities will once again be in small group format.
- Day Camp groups will share a common space with 2-3 other groups. It is important to take turns in the space for changing, restrooms, etc. to lessen any spread of the virus.
- Masks must be work at all times inside your cohort headquarters.
- All camp groups are encouraged to work within your group of 7-8 campers.
- Large group game playing, socially distanced is allowed.
- Small group activities with another group must be done maintaining 3 feet distance.
- Cabins will only be open to those assigned to their cabin. No other campers will be allowed inside.

# Days/Nights Off

- Time off is vital to keeping refreshed and being able to perform your best. We ask that all staff make educated decisions on their time off plans.
- Please keep in mind who you are socializing with and where you are going.
- If you have been exposed to anyone with COVID-19 during your days off, you will be required to provide a negative COVID test before returning to work.





